



NUTRITION FACTS

Product	Total Fat	Total Carbohydrates	Total Protein	Calories/Small
Almond Joy Shake	24 g	114 g	9 g	700
Angel Food Cake Shake	8 g	124 g	8 g	600
Apple Cider Shake	14 g	107 g	3 g	560
Apple Cinnamon Cheesecake Shake	29 g	146 g	8 g	870
Apple Coffee Cake Shake	13 g	134 g	4 g	660
Apple Crisp Shake	20 g	125 g	5 g	700
Apple Fritter Shake	25 g	118 g	6 g	720
Apple Pie Shake	18 g	119 g	5 g	650
Avocado Shake	16 g	115 g	4 g	620
Bacon Smores Shake	18 g	122 g	11 g	690
Bacon-Wrapped Date Shake	15 g	141 g	11 g	740
Banana Classic Shake	9 g	92 g	4 g	460
Banana Cream Pie Shake	24 g	147 g	4 g	820
Banana Nut Muffin Shake	11 g	114 g	6 g	570
Banana Popsicle Shake	9 g	118 g	4 g	560
Banana Pudding Shake	12 g	131 g	5 g	650
Banana Royale Shake	9 g	92 g	4 g	460
Banana Split Shake	14 g	145 g	4 g	720
Banana Walnut Shake	16 g	93 g	6 g	540
Bananas Foster Shake	8 g	121 g	3 g	560
Bee Sting Shake	8 g	116 g	3 g	540
Birthday Cake Shake	24 g	133 g	3 g	760
Blackberry Pie Shake	18 g	117 g	5 g	650
Blackberry Shake	8 g	100 g	3 g	480
Blender Breaker Shake	18 g	195 g	7 g	970
Blue Raspberry Shake	5 g	106 g	0 g	460
Blueberry Cheesecake Shake	29 g	149 g	8 g	880
Blueberry Muffin Shake	12 g	103 g	4 g	530
Blueberry Pie Shake	18 g	118 g	5 g	650
Blueberry Pretzel Salad Shake	8 g	130 g	5 g	610
Blueberry Shake	9 g	118 g	3 g	560
Boston Creme Pie Shake	27 g	139 g	6 g	820
Bread Pudding Shake	21 g	178 g	9 g	930
Breakfast Danish Shake	20 g	116 g	9 g	680
Brownie Shake	21 g	133 g	7 g	740
Bubblegum Shake	8 g	85 g	3 g	420
Buckeye Shake	31 g	111 g	13 g	770
Buffalo Chicken Shake	15 g	83 g	16 g	530
Buttered Popcorn Shake	8 g	107 g	7 g	520
Butterfinger Shake	8 g	117 g	6 g	560
Butterscotch Shake	8 g	135 g	4 g	620
Cake Batter Shake	8 g	96 g	3 g	460
Candied Orange Shake	8 g	120 g	3 g	560
Candy Apple Shake	8 g	199 g	3 g	880
Candy Cane Shake	8 g	126 g	3 g	580
Candy Corn Shake	8 g	165 g	3 g	740
Cannoli Shake	20 g	115 g	7 g	660
Cantaloupe Shake	8 g	132 g	4 g	610
Cap'n Crunch Shake	10 g	107 g	5 g	530
Caramel Apple Shake	10 g	131 g	5 g	630
Caramel Corn Shake	8 g	140 g	7 g	660
Caramel Latte Shake	8 g	112 g	3 g	530
Caramel Macchiato Shake	9 g	117 g	4 g	560
Caramel Shake	8 g	126 g	3 g	580
Caribbean Mango Shake	8 g	139 g	3 g	640
Carrot Cake Shake	15 g	130 g	5 g	670
Chai Shake	8 g	103 g	3 g	490
Cheesecake Shake	29 g	134 g	9 g	830
Cherry Pie Milkshake	21 g	153 g	5 g	820
Cherry Shake	5 g	114 g	0 g	500
Cherry Vanilla Shake	8 g	140 g	3 g	640
Chicken & Waffle Shake	23 g	129 g	18 g	790
Chocolate Bacon Shake	14 g	116 g	7 g	610

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Chocolate Banana Duo Shake	3 g	34 g	3 g	170
Chocolate Banana Shake	9 g	142 g	4 g	660
Chocolate Banana Walnut Shake	21 g	121 g	7 g	700
Chocolate Cheesecake Shake	30 g	151 g	9 g	910
Chocolate Chip Cookie Shake	17 g	129 g	4 g	680
Chocolate Cinnamon Shake	9 g	91 g	3 g	450
Chocolate Covered Cherry Shake	5 g	188 g	1 g	800
Chocolate Covered Pretzel Shake	8 g	101 g	5 g	490
Chocolate Covered Raspberry Shake	8 g	114 g	4 g	540
Chocolate Covered Strawberry Shake	8 g	146 g	5 g	670
Chocolate Malt	3 g	92 g	6 g	410
Chocolate Marshmallow Duo Shake	3 g	40 g	3 g	190
Chocolate Marshmallow Shake	9 g	109 g	3 g	520
Chocolate Mint Duo Shake	9 g	103 g	3 g	500
Chocolate PB Crush Protein Shake	30 g	125 g	27 g	870
Chocolate Shake	8 g	110 g	3 g	520
Chocolate Vanilla Duo Shake	9 g	96 g	3 g	470
Christmas In July Shake	8 g	217 g	5 g	960
Chunky Monkey Shake	14 g	106 g	5 g	570
Churros Shake	26 g	136 g	7 g	800
Cinnamon Chocolate Shake	8 g	81 g	3 g	400
Cinnamon Roll Shake	22 g	130 g	9 g	750
Circus Peanuts Shake	8 g	125 g	3 g	580
Citrus Mint Shake	8 g	99 g	3 g	480
Coconut Caramel Coffee Shake	17 g	139 g	3 g	720
Coconut Caramel Fudge Cookie Shake	19 g	155 g	4 g	800
Coconut Cinnamon Shake	11 g	85 g	4 g	450
Coconut Cream Pie Shake	29 g	143 g	7 g	860
Coconut Shake	11 g	83 g	4 g	440
Coffee & Donuts Shake	22 g	112 g	6 g	670
Coffee Chocolate Chip Shake	17 g	129 g	4 g	680
Coffee Shake	8 g	78 g	3 g	390
Cookie Butter Cheesecake Shake	52 g	157 g	10 g	1130
Cookie Butter Shake	31 g	114 g	5 g	750
Cookies n Cream Shake	8 g	102 g	5 g	500
Cornbread Shake	18 g	108 g	6 g	610
Cotton Candy Shake	8 g	85 g	3 g	420
Creme Brulee Shake	13 g	141 g	3 g	690
Cucumber Habanero Duo Shake	9 g	104 g	8 g	520
Cucumber Shake	9 g	98 g	5 g	490
Cupcake Shake	24 g	133 g	3 g	760
Dark Chocolate Mocha Shake	8 g	116 g	3 g	540
Dark Chocolate Rose Shake	9 g	126 g	3 g	590
Dark Chocolate Shake	9 g	113 g	3 g	540
Date Shake	8 g	141 g	5 g	650
Deep Fried Oreo Shake	22 g	127 g	7 g	730
Dill Pickle Shake	8 g	78 g	3 g	390
Dulce de Leche Shake	8 g	169 g	3 g	760
Duo Shake Base	8 g	78 g	3 g	390
Eggnog Shake	9 g	99 g	4 g	490
English Toffee Shake	13 g	121 g	3 g	610
Espresso Shake	8 g	78 g	3 g	390
Fluffernutterbuter Shake	42 g	159 g	17 g	1080
Four Leaf Clover Shake	8 g	78 g	3 g	390
French Toast Shake	26 g	136 g	7 g	800
French Vanilla Coffee Shake	12 g	117 g	9 g	610
Froot Loops Shake	8 g	135 g	3 g	620
Fruity Pebbles Shake	9 g	97 g	4 g	480
Fudge Graham Shake	8 g	100 g	5 g	490
Fudge Mint Cookie Shake	13 g	113 g	4 g	580
Funnel Cake Shake	22 g	108 g	3 g	640
German Chocolate Original Shake	21 g	121 g	5 g	690
Gingerbread Man Shake	14 g	131 g	3 g	660
Glazed Doughnut Shake	28 g	117 g	6 g	740
Grape Shake	8 g	101 g	3 g	480
Grapefruit Mint Shake	8 g	90 g	3 g	440

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Grasshopper Shake	11 g	154 g	3 g	720
Guava Shake	8 g	97 g	3g	470
Gummi Bear Shake	8 g	118 g	6 g	560
Habanero Coconut Shake	11 g	100 g	7 g	520
Hawaiian Punch Shake	8 g	94 g	3 g	460
Heath Shake	13 g	114 g	3 g	580
Ho Ho Shake	17 g	153 g	4 g	780
Honey Shake	8 g	116 g	3 g	540
Honey Sriracha Shake	8 g	142 g	3 g	650
Hot Chocolate Shake	10 g	89 g	7 g	470
Hot Fudge Milkshake	8 g	101 g	5 g	490
Hot Pepper Shake	8 g	101 g	3 g	480
Jack n Coke Shake	9 g	115 g	3 g	550
Jalapeno Cornbread Shake	18 g	109 g	6 g	620
Jalapeno Shake	8 g	102 g	3 g	490
Jalapeno Strawberry Shake	8 g	166 g	3 g	740
Kettle Corn Shake	8 g	143 g	7 g	670
Key Lime Pie Shake	19 g	165 g	10 g	870
Kit Kat Shake	21 g	127 g	5 g	710
Kiwi Fruit Shake	9 g	96 g	4 g	480
Lavender Shake	8 g	107 g	3 g	510
Lemon Lime Shake	8 g	107 g	3 g	510
Lemon Mint Shake	8 g	85 g	3 g	420
Lemon Pie Shake	32 g	164 g	4 g	960
Lemon Shake	8 g	103 g	3 g	490
Lemonade Shake	8 g	85 g	3 g	420
Lime Margarita Shake	5 g	107 g	0 g	470
Lime Shake	8 g	96 g	3 g	460
M&M Pretzel Shake	8 g	121 g	7 g	580
M&Ms Shake	8 g	112 g	5 g	540
Magic Mango Protein Shake	10 g	152 g	19 g	770
Mango Habanero Shake	8 g	140 g	6 g	650
Mango Shake	8 g	124 g	3 g	580
Maple Bacon Shake	13 g	95 g	7 g	520
Maple Walnut Shake	16 g	103 g	5 g	570
Marshmallow Shake	8 g	121 g	3 g	560
Mexican Coffee Shake	8 g	78 g	3 g	390
Mexican Fried Ice Cream Shake	10 g	154 g	5 g	720
Mexican Hot Chocolate Shake	9 g	99 g	5 g	490
Mighty Banana Shake	9 g	130 g	5 g	620
Mint Chip Brownie Shake	21 g	133 g	7 g	740
Mint Cookies n Cream Shake	8 g	102 g	5 g	500
Mocha Madness Shake	9 g	92 g	4 g	460
Mocha Shake	8 g	92 g	3 g	450
Mud Cake Shake	29 g	167 g	8 g	960
Nerds Shake	8 g	157 g	3 g	710
Nilla Wafer Shake	12 g	94 g	4 g	500
No Bake Cookie Shake	19 g	128 g	8 g	710
Nutella Shake	20 g	100 g	5 g	600
Nutter Butter Shake	42 g	126 g	17 g	950
Oatmeal Creme Pie Shake	23 g	174 g	7 g	930
Oatmeal Raisin Cookie Shake	19 g	198 g	11 g	1000
Old Kentucky Shark Shake	8 g	156 g	5 g	710
Orange Cream Shake	8 g	104 g	3 g	500
Oreo Shake	8 g	102 g	5 g	500
Passion Fruit Shake	8 g	98 g	3 g	470
PB&J Shake	30 g	109 g	13 g	750
Peach Cobbler Shake	9 g	162 g	4 g	740
Peach Pie Shake	25 g	164 g	3 g	890
Peach Shake	8 g	123 g	3 g	570
Peanut Butter & Honey Shake	30 g	126 g	13 g	820
Peanut Butter Bacon Shake	34 g	88 g	17 g	720
Peanut Butter Banana Shake	30 g	102 g	14 g	730
Peanut Butter Brownie Shake	43 g	129 g	16 g	960
Peanut Butter Cheesecake Shake	51 g	136 g	18 g	1070
Peanut Butter Cookie Shake	42 g	118 g	17 g	910

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Peanut Butter Cup Shake	31 g	111 g	13 g	770
Peanut Butter Marshmallow Duo Shake	19 g	94 g	8 g	570
Peanut Butter Marshmallow Shake	30 g	121 g	13 g	800
Peanut Butter Oreo Shake	33 g	125 g	16 g	860
Peanut Butter Shake	30 g	88 g	13 g	670
Pecan Pie Shake	23 g	158 g	7 g	860
Pecan Sticky Buns Shake	32 g	142 g	11 g	900
Peppermint Bark Shake	17 g	190 g	5 g	930
Peppermint Pretzel Shake	8 g	135 g	5 g	630
Pina Colada Shake	8 g	155 g	1 g	690
Pineapple Cucumber Shake	9 g	147 g	5 g	680
Pineapple Shake	8 g	124 g	3 g	580
Pineapple Upside Down Cake Shake	9 g	135 g	4 g	630
Pink Grapefruit Shake	8 g	126 g	3 g	580
Pistachio Shake	9 g	108 g	3 g	520
Pop Rocks - Blue Raspberry Shake	8 g	109 g	3 g	520
Popsicle Shake	8 g	104 g	3 g	500
Praline Walnut	19 g	125 g	3 g	680
Pumpkin Funnel Cake Shake	22 g	108 g	3 g	640
Pumpkin Latte Shake	9 g	83 g	4 g	420
Pumpkin Pie Shake	22 g	131 g	8 g	750
Purple Cow Shake	9 g	103 g	4 g	500
Raspberry Cheesecake Shake	29 g	139 g	8 g	840
Raspberry Chipotle Shake	8 g	91 g	3 g	440
Raspberry Shake	8 g	122 g	3 g	570
Red Licorice Shake	9 g	150 g	5 g	700
Red Velvet Cheesecake Shake	43 g	164 g	10 g	1080
Red Velvet Shake	27 g	146 g	5 g	840
Reese's Cup Milkshake	31 g	116 g	16 g	800
Rice Krispie Treat Shake	12 g	113 g	4 g	570
Rosewater Shake	8 g	103 g	3 g	490
Rum Cake Shake	9 g	99 g	4 g	490
Salted Caramel Pretzel Shake	8 g	122 g	5 g	580
Salted Caramel Shake	8 g	113 g	3 g	530
Salted Pecan Roll Shake	9 g	98 g	3 g	480
Scotcheroo Shake	33 g	169 g	15 g	1030
Smoked Jack n Coke Shake	9 g	115 g	3 g	550
Smoked Pineapple Shake	8 g	124 g	3 g	580
Smoked Toffee Shake	13 g	121 g	3 g	610
Smores Shake	11 g	122 g	5 g	600
Snickerdoodle Shake	17 g	126 g	7 g	680
Snickers Shake	13 g	91 g	5 g	500
Snow Creme Shake	8 g	78 g	3 g	390
Sour Apple Shake	8 g	94 g	3 g	460
Sour Blue Raspberry Shake	5 g	117 g	0 g	510
Sour Cherry Shake	8 g	108 g	3 g	510
Sour Patch Kids Shake	8 g	125 g	3 g	580
Spearmint Shake	8 g	78 g	3 g	390
Spice Cake Shake	15 g	132 g	5 g	680
Spiced Peach Shake	9 g	149 g	4 g	690
Strawberry Banana Duo Shake	9 g	111 g	4 g	540
Strawberry Banana Shake	9 g	111 g	4 g	540
Strawberry Cheesecake Shake	29 g	158 g	8 g	920
Strawberry Kiwi Shake	8 g	116 g	3 g	540
Strawberry Lavender Shake	8 g	123 g	3 g	570
Strawberry Mousse Shake	22 g	111 g	3 g	650
Strawberry Pretzel Salad Shake	8 g	152 g	5 g	700
Strawberry Shake	5 g	125 g	0 g	540
Strawberry Shortcake Shake	18 g	139 g	4 g	730
Stroopwafel Shake	8 g	149 g	3 g	680
Sugar Cookie Shake	20 g	118 g	5 g	670
Swedish Fish Shake	8 g	87 g	3 g	430
Taro Shake	17 g	98 g	5 g	560
Texas Sticky Buns Shake	19 g	142 g	6 g	760
The Pirate Shake	8 g	145 g	3 g	660
Tigers Blood Shake	5 g	137 g	0 g	590

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Tiramisu Shake	15 g	112 g	8 g	610
Toasted Marshmallow Shake	8 g	117 g	3 g	550
Toffee Coffee Shake	13 g	106 g	3 g	550
Tropical Dream Protein Shake	17 g	108 g	16 g	640
Turtle Shake	15 g	131 g	3 g	670
Twinkie Shake	22 g	126 g	5 g	720
Twix Shake	16 g	183 g	5 g	890
Vanilla Drop Kick Shake	8 g	79 g	3 g	400
Vanilla Shake	8 g	78 g	3 g	390
Waffle Cone Nut Crunch (Drumstick)	8 g	111 g	6 g	540
Waffles and Syrup Shake	18 g	125 g	8 g	690
Watermelon Lemonade Shake	8 g	94 g	3 g	460
Watermelon Shake	9 g	90 g	4 g	450
White Choc Macadamia Cookie Shake	25 g	130 g	7 g	770
White Chocolate M&M Popcorn Shake	8 g	160 g	9 g	740
White Chocolate Mocha Shake	8 g	135 g	3 g	620
White Chocolate Shake	8 g	98 g	3 g	470
Whoppers Malt Shake	16 g	162 g	7 g	820